



Shepherd's Pie

Ms. Teeling

Ingredients & Equipment

- 1/2 onion
 - 1 carrot
 - 4 mushrooms
 - 1 tablespoon oil
 - 1 heaped tablespoon plain flour
 - 100ml water
 - 1 beef stock cube
 - 1 tablespoon soy sauce
 - 300g minced beef
 - 3-4 potatoes
 - 25g butter (for mash)
 - 50ml milk (for mash)
- 2 Plate system
 - Ingredients tray
 - 2 saucepans
 - Colander
 - Tablespoon
 - Wooden spoon – COOKING
 - Tinfoil dish x2
 - Measuring jug
 - Pot stand
 - Baking tray
 - Potato masher
 - Fork
 - Sharp knife
 - Green chopping board