Ms. Teeling Home Economics

Wholemeal Base Pizza

Makes 2 mini pizzas / 1 large pizza

Ingredients:

Wholemeal pizza base

75g self raising flour

25g wholemeal flour

25g butter

65 ml water

Topping

½ tbsp oil

1-2 tablespoons passata

1 tablespoon tomato puree

80g grated cheese

Pinch of oregano / mixed herbs

2 – 3 toppings: pepper, mushroom, pepperoni/salami



Method:

- 1. Preheat oven to gas mark 6
- 2. Grease a baking tin with a small layer of oil
- 3. Prepare the base of the pizza by weighing the flour and butter into a mixing bowl. Rub the butter into the flour using your fingertips until the mixture resembles breadcrumbs (Rubbing-in method)
- 4. Form a well in the middle of the mixing bowl, and pour half of the water into the well. Stir using a knife. Add remaining water little by little until a dough ball forms that leaves the sides of the bowl clean (may not need all the water)
- 5. Place the dough out onto a floured surface and knead gently. Cut in half and roll out using a rolling pin to form a thin base. At this stage, it can be shaped into cat shapes, etc.
- 6. When shaped, place onto prepared baking tin.
- 7. Prepare you pizza sauce by mixing the passata, herbs and tomato puree.
- 8. Spoon the sauce onto the pizza bases.
- 9. Prepare toppings for pizza, and decorate as desired.
- 10. Top with a sprinkling of cheese.
- 11. Place into the oven for 15 − 20 minutes. Enjoy! ©